



New England Frontier Camp

Kezar Lake ~ Lovell, Maine

197 Quite A Road
Lovell, ME 04051
(207)925-6735
www.nefc.org

Things to know about your time at Camp!

Arrival and Departure

Upon arrival, and before moving bags to their assigned cabin, all campers will check in with our Registration Desk to pay any balance due and ensure all paperwork is complete. Then to our Health Team for a quick health check and to review medical forms and any medications that might be required, and finally to the Snack Shack to add funds to each campers account for their use during the week or to buy a T-Shirt.

Sentinel, Battalion, and Frontiersmen campers

Plan to arrive between 2:00 and 4:00 pm on Sunday for registration located at A-Lodge (lakefront Building). Light refreshments will be served. Once registration is complete, your son can then move into his cabin and take a swim test at the waterfront (weather permitting).

Please note that registration will not begin before 2:00 PM.

Pick-up and Departure takes place Saturday morning between 10:00 and 11:30 am. *Please be on time for pickup.*

Father and Son Programs

The Father and Son program consists of 2 three day programs during the week of July 17-23rd.

Father/Son Session One

Arrivals and check-in take place on Sunday the 17th between 2:00 and 4pm

Departures take place on Wednesday the 20th between 10:00 and 11:30am

Father/Son Session Two

Arrivals and check-in take place on Wednesday the 20th between 2:00 and 4pm

Departures take place on Saturday the 23rd between 10:00 and 11:30am

Communication While at Camp

Letters are highly encouraged! The camp business telephone is not available for routine calls to or from campers. Should you need to contact your son in an emergency, do not hesitate to call NE Frontier Camp and ask to speak to the Camp Director.

Laundry Services

Limited laundry services are available at \$ 2.00 per load for campers during multiple week sessions. Please pack enough clean clothing to last for the duration of their stay. Please supply a laundry bag with a draw string labeled with your camper's name on it (No plastic trash bags please).

Clothing and personal items

When preparing your campers clothing and gear for camp, please mark all items with their name (in permanent marker if possible) so it can be readily returned to them if misplaced. Amazingly, in most cases campers do not recognize their own clothes.

Care Packages

Care packages and letters are encouraged. Campers love to get a package with an assortment of fun items in it. Please use your imagination, but no food items please. Because we are in a very wooded environment we do not allow food in our cabins due to the wonderful wildlife friends we can have at Camp.

Please leave at home:

Knives, matches, lighters, and fireworks, are not allowed.

In keeping with the Frontier concept of Camp, we ask that all electronic devices (cell phones, music players, games, Kindles, etc.) be left at home for the duration of each campers' stay with us.

Bedding

While many campers use a sleeping bag, many find it most comfortable using a fitted sheet set and blanket during their stay, particularly on exceptionally hot nights. If you choose this option, please bring a sleeping bag as well. Don't forget the pillow!

Dietary Restrictions

If your camper has special dietary restrictions, please communicate any concerns or needs prior to his arrival to our Kitchen Manager, Kathy Rivers, via email KRivers@nefc.org, or by calling the Camp Office (207) 925-6735.

Travel

It is worth noting, both Maine and New Hampshire have recently enacted hands-free phone requirements while driving. Parents should use a hands-free device on your way to and from Camp.

If you are using a mapping software or GPS, you might want to check to avoid directions that have you arriving from the North side of Kezar Lake. The road from that direction is not always easy to travel for most vehicles and some GPS devices will try to bring you in that way.

From the Boston Area:

- Take **I-95 N**, New Hampshire/Maine
- Take exit **4** on the left to merge onto **NH-16 N** oward White Mts
- Continue on **NH-16 N** for approximately 76 miles
- In Conway, NH continue straight onto **NH-113 W**
- Continue straight onto **US-302 E** toward Fryeburg ME
- In Fryeburg, take a Left onto **ME-5 N** toward Lovell, ME
- Follow **ME-5 N** into Lovell for approximately 11.5 miles
- Turn left onto **West Lovell Rd**
- Take **Sharp Right** at Foxboro Rd to **STAY** on **West Lovell Rd**
- **Bear Left** at Vinton Rd to **STAY** on **West Lovell Rd**
- Turn **Right** onto **Quite a Rd**, follow camp road 1 mile to main camp

From Portland Maine Area:

- Take **I-95** to **US 302 W**
- Follow **US 302 W** for approximately 53 miles into **Bridgeton, ME**
- Turn **Right** onto **ME-93 N toward Lovell**
- Turn **Right** onto **ME-5 N in Lovell**
- Turn left onto **West Lovell Rd**
- Take **Sharp Right** at Foxboro Rd to **STAY** on **West Lovell Rd**
- **Bear Left** at Vinton Rd to **STAY** on **West Lovell Rd**
- Turn **Right** onto **Quite a Rd**, follow camp road 1 mile to main camp

Camp Packing Checklist:

- Bible, Notebook and Pencil
- Sleeping Bag
- Pillow and Pillowcase
- Bathing Suit
- Bath and Swim Towels
- Flashlight and extra batteries
- Bathroom Toiletries
(Toothbrush & toothpaste, soap, shampoo, deodorant, hairbrush)
- Raincoat or Poncho
- Sweatshirt
- Long and Short Sleeve Shirts
- Pants and Shorts
- Socks and Underwear
- Pajamas
- Jacket or Windbreaker
- Shoes/Boots that can withstand rain
- Sneakers
- Hiking Boots or Sturdy Sneakers (*Battalion & Frontiersman particularly*)
- Sport Sandals
- Stamped Envelopes
- Any Medications
- Dirty laundry Bag
- Bug Spray and Sun Screen



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