



# Things to know about your time at Camp!

197 Quite A Road  
Lovell, ME 04051  
(207) 925-6735  
www.NEFC.org

## Arrival and Departure

Upon arrival and before moving bags to their assigned cabin, all campers will check in with our Registration Desk to pay any balance due and ensure all paperwork is complete. Then to our Health Team for a quick health check and to review medical forms and any medications that might be required, and finally to the Snack Shack to add funds to each campers account for their use during the week or to buy a T-Shirt.

### Sentinel, Battalion, and Frontiersmen campers

Plan to arrive between 2:00 and 4:00 pm on Sunday for registration located at A-Lodge (lakefront Building). Light refreshments will be served. Once registration is complete, your son can then move into his cabin and take a swim test at the waterfront (weather permitting).

**Please note that registration will not begin before 2:00 PM.**

Pick-up and Departure takes place Saturday morning between 10:00 and 11:30 am. Please be on time for pickup.

### Tree Climber Programs

The Tree Climber program consists of 2 three day programs. If your Tree Climber Session begins on a Sunday, arrivals and check-in take place on between 2:00 and 4pm, and check out and departures take place on Wednesday between 10:00 and 11:30am.

If your Tree Climber Session begins on a Wednesday, arrivals and check-in take place on Wednesday between 2:00 and 4pm and check out and departures take place on Saturday between 10:00 and 11:30am.

## Communication While at Camp

Letters are highly encouraged! The camp business telephone is not available for routine calls to or from campers. Many parents plan "mail" for the week and leave it with our staff at check-in for regular delivery throughout the week to avoid mail delays. Mail should be sent to the Camp street address listed at the top of this page, **NOT OUR P.O. Box!**

Should you need to contact your son in an emergency, do not hesitate to call NE Frontier Camp and ask to speak to the Camp Director.

## Laundry Services

For campers staying one week, be sure to pack enough clean clothing to last for the duration of their stay. Limited laundry services are available at for campers during multiple week sessions. Please send laundry detergent with campers if they will be staying more than one week so their clothes and bedding can be laundered as necessary. Please supply a laundry bag with a draw string labeled with your camper's name on it (No plastic trash bags please).

## Clothing and personal items

When preparing your campers clothing and gear for camp, **please mark all items with their name** (in permanent laundry marker if possible) so it can be readily returned to them if misplaced. We have found that in most cases campers do not recognize their own clothes.

## Care Packages

Care packages and letters are encouraged! Campers love to get a package with an assortment of fun items in it. Please use your imagination, **but no food items please**. Because we are in a very wooded environment, we do not allow food in our cabins due to the wonderful wildlife friends we can have at Camp. Also, some food items may contain allergens that could affect others on camp.

## Please leave at home:

Knives, matches, lighters, and fireworks, are not allowed.

In keeping with the Frontier concept of Camp, we ask that all electronic devices (cell phones, music players, games, Kindles, etc.) be left at home for the duration of each campers' stay with us.

## Bedding

While many campers use a sleeping bag, many find it most comfortable using a fitted sheet set and blanket during their stay, particularly on exceptionally hot nights. If you choose this option, please bring a sleeping bag as well. Don't forget the pillow!

## Dietary Restrictions

If your camper has special dietary restrictions, please communicate any concerns or needs prior to his arrival to our Kitchen Manager, Kathy Rivers, via email [KRivers@nefc.org](mailto:KRivers@nefc.org), or by calling the Camp Office at (207) 925-6735.

### Travel to New England Frontier Camp

It is worth noting, both Maine and New Hampshire have recently enacted hands-free phone requirements while driving. Parents should use a hands-free device on your way to and from Camp. If you are using a mapping software or GPS, you might want to check to avoid directions that have you arriving from the North side of Kezar Lake. The road from that direction is not always easy to travel for most vehicles and some GPS devices will try to bring you in that way.

#### From the Boston Area:

- Take I-95 North, New Hampshire/Maine
- Take exit 4 on the left to merge onto NH-16 North toward White Mts
- Continue on NH-16 North for approximately 76 miles
- In Conway, NH continue straight onto NH-113 W
- Continue straight onto US-302 East toward Fryeburg ME
- In Fryeburg, take a Left onto ME-5 North toward Lovell, ME
- Follow ME-5 North into Lovell for approximately 11.5 miles
- Turn left onto West Lovell Rd
- Take Sharp Right at Foxboro Rd to STAY on West Lovell Rd
- Bear Left at Vinton Rd to STAY on West Lovell Rd
- Turn Right onto Quite A Rd, follow camp road 1 mile to main camp

#### From Portland Maine Area:

- Take I-95 to US 302 West
- Follow US 302 West for approximately 53 miles into Bridgton, ME
- Turn Right onto ME-93 North toward Lovell
- Turn Right onto ME-5 North in Lovell
- Turn left onto West Lovell Rd
- Take Sharp Right at Foxboro Rd to STAY on West Lovell Rd
- Bear Left at Vinton Rd to STAY on West Lovell Rd
- Turn Right onto Quite A Rd, follow camp road 1 mile to main camp

### Camp Packing Checklist:



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|--|--|
| <input type="checkbox"/> Bible, Notebook and Pencil  | <input type="checkbox"/> Water bottle, canteen, or camelback pack                                |
| <input type="checkbox"/> Sleeping Bag  | <input type="checkbox"/> Jacket or Windbreaker   |
| <input type="checkbox"/> Pillow and Pillowcase   | <input type="checkbox"/> Shoes/Boots that can withstand rain                                     |
| <input type="checkbox"/> Bathing Suit  | <input type="checkbox"/> Sneakers  |
| <input type="checkbox"/> Bath and Swim Towels  | <input type="checkbox"/> Hiking Boots or Sturdy Sneakers (Battalion & Frontiersman particularly) |
| <input type="checkbox"/> Flashlight and extra batteries  | <input type="checkbox"/> Sport Sandals   |
| <input type="checkbox"/> Raincoat or Poncho  | <input type="checkbox"/> Stamped Envelopes   |
| <input type="checkbox"/> Sweatshirt  | <input type="checkbox"/> Any Medications   |
| <input type="checkbox"/> Long and Short Sleeve Shirts  | <input type="checkbox"/> Dirty laundry Bag   |
| <input type="checkbox"/> Pants and Shorts  | <input type="checkbox"/> Bug Spray and Sun Screen  |
| <input type="checkbox"/> Socks and Underwear   |  |
| <input type="checkbox"/> Pajamas/sleepwear   |  |
| <input type="checkbox"/> Bathroom Toiletries (Toothbrush& toothpaste, soap, shampoo, deodorant, hairbrush) |  |